

CALLERLAB MAINSTREAM PROGRAM

Approved September 3, 2015

(Revised May 9, 2017)

Mainstream Program

1. Cloverleaf
2. Turn Thru
3. Eight Chain Thru /
Eight Chain 1, 2, 3, Etc.
4. Pass to the Center
5. Single Hinge / Couples Hinge
6. Centers In
7. Cast Off 3/4
8. Spin the Top
9. Walk and Dodge
10. Slide Thru
11. Fold / *Cross Fold*
12. Dixie Style to an Ocean Wave
13. Spin Chain Thru
14. Tag the Line (In/Out/Left/Right)
15. Half Tag
16. Scoot Back
17. Recycle (From a Wave Only)

Callers are reminded to limit their calls to the advertised program. Calls from a list other than advertised should not be used unless they are walked through or workshopped first.

*** Suggested Teaching Order.** Calls in *italics* may be deferred until later in the teaching sequence. Recommended placement of some of these calls has been indicated with an asterisk.

CALLERLAB recommends that MAINSTREAM Programs, calls 1-17, be taught in not less than 15 hours. CALLERLAB also recommends that calls be taught from more than a single position (formation and arrangement) and that styling and timing be included as part of the teaching program.

NOTE TO DANCE PROGRAMMERS

There is NO program called the Mainstream/Plus Program. No dancer is required to know Plus calls to attend a Mainstream open dance. Please advertise dance programs as Mainstream or Plus, NOT Mainstream/Plus.

These lists are furnished through the courtesy of CALLERLAB and your local CALLERLAB callers.