

Mr Fool

High Improver, 64 counts, 4 walls

Choreographed by: Urban Danielsson (SWE), January 2022

Music: Cut and Run by Patrik Jean (Cut and Run – single)

36 counts intro

Section 1: Scissor step, hold, scissor step, hold

- 1 – 2 Step right to right side, step left next to right
- 3 – 4 Step right across in front of left, hold
- 5 – 6 Step left to left side, step right next to left
- 7 – 8 Step left across in front of right, hold

Section 2: Step pivot ¼ left, cross, hold, side, behind, side, hold

- 1 – 2 Step right forward, ¼ turn left step left to left side
- 3 – 4 Step right across in front of left, hold
- 5 – 6 Step left to left side, step right behind left
- 7 – 8 Step left to left side, hold

Section 3: Rock-recover, ¼ turn right, step pivot ½ turn right, step forward

- 1 – 2 Cross rock right in front of left, recover weight onto left
- 3 – 4 ¼ turn right step right forward, hold
- 5 – 6 Step left forward, pivot ½ turn step onto right forward
- 7 – 8 Step left foot forward, hold

Section 4: Rock-recover, step back, hold, coaster step, hold

- 1 – 2 Rock right foot forward, recover weight onto left
- 3 – 4 Step right foot back, hold
- 5 – 6 Step left foot back, step right next to left
- 7 – 8 Step left across in front of right, hold

Restart: *On wall 5 restart the dance (you will be facing 6:00)*

Restart/tag: *On wall 7 do the 4 counts tag and restart the dance (you will be facing 3:00)*

Section 5: Side, together, side, hold, cross rock-recover, ¼ turn left

- 1 – 2 Step right to right side, step left next to right
- 3 – 4 Step right to right side, hold
- 5 – 6 Cross rock left in front of right, recover weight onto right
- 7 – 8 ¼ turn left step forward onto left

Section 6: ½ turn, ½ turn, forward, hold, rock-recover, step back, hold

- 1 – 2 ½ turn left step right back, ½ turn left step left forward
- 3 – 4 Step right forward, hold
- 5 – 6 Rock left foot forward, recover weight onto right
- 7 – 8 Step left foot back, hold

Section 7: Toe strut back x 2, coaster step, hold

- 1 – 2 Step right toes back, step down on right heel
- 3 – 4 Step left toes back, step down on left heel



5 – 6 Step right foot back, step left foot next to right
7 – 8 Step right foot forward, hold

Section 8: Kick-ball-stomp, hold, kick-ball-stomp, hold

1 – 2 Kick left foot forward, step left foot next to right
3 – 4 Stomp right next to left (no weight), hold (weight should now still be on left foot)
5 – 6 Kick right foot forward, step right foot next to left
7 – 8 Stomp left foot next to right (with weight), hold (weight should now be on left foot)

Tag: Will occur after wall 3, wall 6, after 32 counts on wall 7 and after wall 9. (you will be facing 9:00 on wall 3, 6 and 9)

V-step (out-out-in-in)

1 – 2 Step right diagonally forward, step left diagonally forward
3 – 4 Step right back, step left next to right

Enjoy the music and the dance!

