

Hey Hey O

32 Count 4 Walls Improver

Choreographed by: [Derek Robinson](#) (UK) (1st April 2012)

Choreographed to: Hey-O! on Dance With Me by Johnny Reid 152 BPM

Intro: 16

Count Footwork

Sec 1 RIGHT SCISSOR STEP, HOLD & CLAP, LEFT SCISSOR STEP, HOLD & CLAP.

1-4 Step right to right side, step left next to right, cross right over left, hold & clap.

5-8 Step to left to left side, step right next to left, cross left over right, hold & clap.

Sec 2 SIDE ROCK, BEHIND, ¼ TURN, SIDE ROCK, BEHIND, SIDE.

1-4 Rock right to right side, recover onto left, cross right behind left, step left ¼ turn left. (9.00)

5-8 Rock right to right side, recover onto left, step right behind left, step left to left side.

(Restart here on wall 7)

Sec 3 TOE STRUTS ACROSS & BACK, COASTER STEP, STEP FORWARD.

1-4 Step right toe across left, drop right heel, step left toe back, drop left heel.

5-8 Step back right, step left beside right, step forward right, hold & clap.

Sec 4 PIVOT ½ TURN x 2, LEFT SCISSOR STEP, HOLD & CLAP.

1-4 Step forward left, pivot ½ turn right, step forward left, pivot ½ turn right.

Easier option - Left forward rock, recover. Left back rock, recover.

(Rocking chair).

5-8 Step to left to left side, step right next to left, cross left over right, hold & clap.

Restart.

Restart after 16 counts on wall 7. You will be facing (3.00) for restart.

Alternative Tracks:

Rocking All Over The World on Enter album name by Status Quo , 131 BPM